

Maternal & Child Health Nursing Certificate

Institute Name: IRME Institute

Programme Duration: 6 Months

Programme Type: Certificate Course

Mode: Theory + Practical + Online Support + Field Exposure

Programme Overview

The Maternal & Child Health Nursing Certificate is a six-month skill-focused programme designed to build foundational knowledge in maternal care, newborn care, infant and child health, nutrition, immunization, family counselling, and community-based nursing support. The structure is aligned with IRME Institute's practical primary health care orientation and its public positioning in rural and community healthcare education.[cite:1][cite:6][cite:18]

Maternal and child health nursing curricula typically cover reproductive health, pregnancy, labour, postpartum care, newborn care, child development, nutrition, immunization, and common health problems across the mother-child continuum.[cite:29][cite:33][cite:40][cite:43]

Course Objectives

By the end of the six-month course, learners should be able to:

- Explain the foundations of maternal and child health nursing.
- Support antenatal, intranatal, postnatal, newborn, and infant care basics.
- Understand normal child growth and development.
- Promote breastfeeding, nutrition, hygiene, and immunization.
- Recognize danger signs in pregnancy, newborns, and children for referral.
- Provide basic counselling to mothers, families, and caregivers.
- Use online support tools for doubt clearing, revision, and assignment guidance.

These objectives reflect the broad scope of maternal-child nursing education, including family-centered care, health promotion, and child development.[cite:29][cite:42][cite:43]

Eligibility

Recommended minimum eligibility: 10th pass, 12th pass, ANM, GNM, B.Sc. Nursing, or equivalent background depending on institutional policy. For entry-level learners, the course may be offered as an introductory certificate pathway with online support for theory sessions and guided practical exposure. This recommendation is consistent with IRME's approach to accessible short-duration healthcare education.[cite:5][cite:18]

Training Structure

The six-month programme may be structured into three phases:

- **Phase 1:** Foundations of maternal and child health nursing.
- **Phase 2:** Pregnancy, delivery, postpartum, newborn, and infant care.
- **Phase 3:** Pediatric care, counselling, field exposure, and final assessment.

Because the course is marked as having **online support**, theory teaching may be delivered through online classes, recorded lectures, PDFs, live doubt sessions, and assignment feedback, while practical learning can be completed through demonstrations, guided home-based activities, and supervised field observation. This hybrid approach fits the online-delivery style used in many nursing and health programmes. [cite:34][cite:40]

Detailed Syllabus

Month 1: Foundations of Maternal and Child Health Nursing

- Concept, scope, and importance of maternal and child health nursing
- Family-centered and community-centered care
- Roles and responsibilities of the nurse/helper in maternal-child services
- Anatomy and physiology related to reproduction
- Growth and development principles
- Health education and communication with women and families

Maternal-child nursing syllabi commonly begin with foundational nursing concepts, reproductive health basics, and developmental principles. [cite:29][cite:42][cite:43]

Month 2: Antenatal and Pregnancy Care

- Pregnancy confirmation and common signs of pregnancy
- Physiological and psychological changes during pregnancy
- Antenatal care schedule and routine checkups
- Nutrition in pregnancy and iron-folic acid awareness
- Danger signs in pregnancy
- Birth preparedness and referral awareness

Official maternal-child nursing outlines commonly include antenatal care, pregnancy changes, maternal needs, danger signs, and complications of pregnancy. [cite:29][cite:40][cite:43]

Month 3: Labour, Delivery, and Postpartum Care

- Stages and physiology of labour
- Childbirth preparation and supportive care
- Postpartum period and maternal recovery
- Breastfeeding and rooming-in awareness
- Postnatal warning signs
- Basic emotional support for mother and family

This content reflects standard maternal-child nursing areas covering intrapartum care, postpartum support, and breastfeeding-related newborn-mother care. [cite:29][cite:40][cite:43]

Month 4: Newborn and Infant Care

- Essential newborn care
- Thermal care, hygiene, cord care, and feeding support
- Normal infant growth and development
- Immunization awareness
- Common infant problems and referral signs
- Basic counselling for mothers of newborns and infants

Newborn and infancy topics are core components of maternal-child nursing curricula, including neonatal care, well-baby care, immunization, and common infant disorders. [cite:29][cite:40][cite:43]

Month 5: Child Health and Pediatric Care

- Child health promotion and disease prevention
- Toddler, preschool, and school-age development
- Common childhood illnesses and health risks
- Nutrition, dehydration, fever, diarrhoea, and respiratory infection awareness
- Hygiene, play, safety, and school health concepts
- Parent counselling and home care guidance

Pediatric sections in maternal-child nursing commonly cover growth stages, child health promotion, common disorders, and family guidance. [cite:29][cite:40][cite:43]

Month 6: Practical Application and Online Support Revision

- Case discussion and revision of maternal-child topics
- Demonstration of antenatal counselling support
- Newborn care and breastfeeding demonstration
- Child health education session practice
- Assignment review and theory recap through online support
- Internal assessment, viva voce, and practical record submission

A six-month certificate pathway with online support works well when digital theory support is paired with practical demonstrations and structured assessment. [cite:34][cite:40]

Practical and Field Components

Recommended practical and observational activities:

- Antenatal counselling observation
- Breastfeeding support demonstration
- Newborn handling and hygiene practice
- Growth monitoring and child nutrition counselling
- Immunization awareness session
- Home visit observation for mother and child care
- PHC, sub-centre, or maternity/child health clinic exposure
- Case-based assignments and record work through online support

These components match the practical expectations of maternal-child nursing education and support a service-oriented certificate pathway.[cite:29][cite:42][cite:43]

Assessment Pattern

A suitable internal assessment structure for a six-month certificate course may include:

Component	Weightage
Written Test	30%
Practical Demonstration	25%
Online Assignment / Record Book	20%
Viva Voce	15%
Attendance and Participation	10%

This assessment pattern is an institutional syllabus recommendation for a short-duration, blended learning certificate course.

Learning Outcomes

After successful completion, a learner may be able to:

- Describe key maternal and child health nursing concepts.
- Support mothers and families with basic health education and counselling.
- Assist in newborn and child care awareness activities.
- Identify danger signs requiring referral in pregnancy, newborns, and children.
- Participate in community-level maternal and child health promotion activities.

These outcomes are consistent with the family-centered and health-promotion focus found in maternal-child nursing references.[cite:29][cite:42][cite:43]

Certification Note

Successful candidates may be awarded a **Maternal & Child Health Nursing Certificate** by **IRME Institute** after completing the prescribed theory, online support requirements, practical work, attendance, and internal assessment as per institutional rules. Final certificate format, examination policy, and credit structure should be formally approved by the institute before issue.

Institutional Use Note

This document is a professionally structured six-month syllabus draft prepared in the name of **IRME Institute** using publicly available maternal-child nursing curriculum references and the institute's stated healthcare education profile.[cite:1][cite:6][cite:18]